



The COTS Cookbook Chatterbox

This activity is designed for students, after-school groups, events, and speaking engagements. Participants can use this as an ice breaker before a talk or as a further reflection following a talk on how to address homelessness in our community.

INSTRUCTIONS: Cut out the chatterbox, and fold according to instructions. To play, participants first select a color. Open/close the chatterbox as you spell out each letter of the color. Then select a number. Open/close the chatterbox, counting out the selected number. Pick a number again, but this time, open and find the suggested recipe from **The COTS Cookbook**, a part of the Kids in the Kitchen program in COTS family shelters. Kids in the Kitchen introduces families to new low-cost, delicious, nutritious meals. Make the recipe you select at home or with friends. (Find the recipes at cotsonline.org.)

Because everyone deserves a home
cotsonline.org

1. Turn paper over and fold down each corner to the center.

2. Your fortune teller now has four squares with numbers along the outside and colors on the inside.

3. Turn it over so that instructions face up. Fold corners in. You'll see numbers.

4. Fold in half to form a rectangle. Numbers in, colors out.

5. Place thumbs and index fingers under open flaps and push up to form a pyramid.

7 Pita Bread

9 Pinto Bean Salad with Apples

2 Hummus

4 Watermelon Black Bean Salsa

3 Sweet and Spicy Cucumbers

1 Carrot Cookie

2 Peanut Butter Soup

7 Banana Pancakes